

# David L. Sartori



8th District Newsletter

January 2017

## A Happy New Year to You and Yours!

To the people of the 8th District! I cannot believe how quickly this year has come and gone, and that I have had the privilege to represent you in 2016. Although the holidays are winding down, nevertheless, I would like to take this time to reflect on all that I am thankful for, and focus on the giving spirit! I have included a few charitable opportunities taking place in the community, and hope you will participate! As always, I look forward to hearing from you about your thoughts for the County.

Blessings,

*David*



### In This Issue:

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- ♦ Gen, Mitchell Sustainability Survey
- ♦ Kelly and Grobschmidt Senior Centers

Supervisor Sartori (right) stands with Milwaukee County Judges Borowski (left) and Protasiewicz (middle) at the Awards Dinner of the Polish National Alliance at which Judge Borowski was recognized as the Polish-American of the Year.

Dear Constituents,

I would like to take this time to recognize a charity that is very near and dear to my own heart—the Hunger Task Force. Founded as Milwaukee's very first food bank, today the Hunger Task Force “provides a safety net of emergency food to a network of local food pantries and meal programs.” Since being elected to this office, I have had the privilege of meeting with several members and volunteers at the Task Force, and I see everyday how their work impacts the lives of the people within Milwaukee County. This month I would ask that you consider making a donation to the Hunger Task Force, whether it be monetary or food or **your time**, every single gift counts—no matter how small.



I am proud to say that through this year and the remainder of my term, I have pledged \$200 dollars a month of my Supervisory salary to the Hunger Task Force through our annual employee charitable giving drive. Please join me in supporting the needy individuals in Milwaukee, and the HTF's honorable mission.

Thank you for your consideration and God bless,

David



*Aurora St. Luke's  
South Shore®*

## **Blood Drive**

**Friday, January 6, 2017**

**7 a.m. to 11:30 a.m.**

**Hospital Auditorium – lower level**

**Call 877-232-4376 or visit [www.bcw.edu/AuroraSS](http://www.bcw.edu/AuroraSS)**

**Appointments encouraged, walk-ins welcome**

**Join us to save lives!**

**All attempting donors will receive a \$10 Noodles and Co.  
Gift Card.**



## **MKE Airport Sustainability Survey Invitation**

Milwaukee County is developing a Sustainability Management Plan for Mitchell Airport (MKE). When complete, this plan will guide efforts to reduce the Airport's carbon footprint, waste, and energy use. It will also manage resources efficiently and improve the Airport experience for travelers, tenants, employees and neighbors.

For more than 20 years, MKE has implemented innovative programs to increase recycling, manage runoff with green infrastructure, and redevelop buildings to LEED standards. The Sustainability Management Plan represents the next step in making the Airport a leader in sustainability and enhancing Milwaukee County's reputation.

Please help us by taking this short survey:

<https://www.surveymonkey.com/r/MKEsustainability2016>

It should take only five minutes to complete. Your responses regarding sustainability at MKE will help guide our understanding of current perceptions of the Airport and help refine sustainability focus areas. Thank you for your time.

# Kelly Senior Center

## Fostering Hope Drive

### January

Help us foster hope in our communities, in honor of Martin Luther King Jr. by donating any of the following items, new socks, travel size hygiene products, new hats, gloves, scarves, granola bars, bottled water, gallon size zip lock bags, hand lotion, hand warmers, and baby wipes. These times will be given to the Milwaukee Rescue Mission, Repairers of the Breach, and the LGBT Community Center, to help the homeless population.

## Writer's Roundtable

**Tuesday, January 3, 10:30**

### Preregistration Required

Enjoy an hour of creative writing with your peers.

## Farkle Dice

**Tuesdays, starting January 3, 12:00**

Farkle is a fun and challenging dice game with multiple variations and scoring options.

## Tai Chi

**Wednesdays, January 4 - 11, 9:30**

**Fee: \$24 Residents/\$29 Non County Resident**

Tai Chi is a slow-motion, meditative, exercise for relaxation and health. All fitness levels are welcome. Resident registration begins December 1; non county December 8.

## Painting and Drawing

**Wednesdays, starting January 4, 9:30**

All levels are welcome. Join in the fun and get assistance from experienced artists.

## Stories of Our Lives

**Wednesday, January 4, 12:30**

In this monthly gathering, participants have the chance to share stories of their life, and if willing, answer questions. Telling stories can deepen connections to each other and the community.

## Memory Chargers

**Thursday, January 5, 10:00**

### Preregistration Required

The Memory Chargers group invites you to join them for an informative, interactive hour including some activities to keep your brain healthy and vigorous.

## 2017 FRIENDS Kick-Off

**Monday - Friday, January 9 - 13**

Join the excitement and help kick off a brand new year of Friends! Renew your support or stop by to find out what "Friends" is all about. Everyone who becomes a friend during this week, will be entered into a drawing for a prize!

## Arthritis Foundation Exercise Program

**Thursdays, January 5 - 26, 1:00**

**Fee: \$12 Resident/\$17 Non County Resident**

Move joints through their range of motion and build muscles to support weak joints by using therabands, weights and safe strength building exercises. Resident registration begins December 1; non county December 8.

## Light Strength Training

**Fridays, starting January 6, 8:45**

Build your muscles and stamina in this free gentle exercise class.

## Chair Dancing

**Fridays, starting January 6, 9:15**

If you like music and movement without being on your feet, this is the class for you. It has great movements and rhythm to get your day started off right!

## Scrabble

**Fridays, starting January 6, 10:00**

Scrabble players unite! Come demonstrate your vocabulary skills while having fun with friends.

## Morning Exercise

**Mondays, starting January 9, 8:45**

Start your morning with exercise! It's free, informal, fun, and great for you!

## Low Impact Aerobics

**Mondays, starting January 9, 9:15**

Join this group for aerobic exercise that is light and refreshing.

## All Write!

**Tuesday, January 10, 10:30**

### Preregistration Required

Do you like to write? All levels invited and encouraged to come for an hour of fun, easy lessons, writing prompts and idea sharing.

## Kelly Holiday Luncheon: Pulaski Inn

**Tuesday, January 10, 11:00 - 2:00**

**Fee: \$25 Resident/\$30 Non County Resident**

Meet us at the famous Pulaski Inn for a delicious buffet, entertainment, and all around fun! This sure to be one event you won't want to miss! Registration begins for county residents begins November 8; non county resident November 17.



Linda, Bonnie, Audrey, Nancy, and Marilyn enjoy playing cards at Kelly Senior Center.

## Movie Time: Star Trek (2009)

**Friday, January 13, 20, & 27, 12:30**

These movies isn't the Star Trek shows of the past - you won't find William Shatner here! These adventurous, action-packed, and funny films you will follow the path of James T. Kirk (Chris Pine) in his first years of joining Star Fleet Command, the young Spock (Zachary Quinto), and the U.S.S. Enterprise. On Friday, January 13<sup>th</sup>, we will begin our journey with *Star Trek (2009)*, shift to *Star Trek - Into the Darkness (2013)*, on January 20<sup>th</sup>, and our final film of the series, *Star Trek - Beyond (2016)*, on Friday, January 27<sup>th</sup>. So, come to the warmth of the Kelly Center for a great time watching movies!

## Blood Pressure Checks

**Thursday, January 19, 10:30 - 12:00**

A simple tool to be healthy and stay healthy. Blood Pressure checks are on a first come first serve basis and travel between the Main Building and South Building.

## Intermediate Yoga

**Thursdays, January 19 & 26, 11:00**

**Fee: \$12 Resident/\$17 Non County Resident**

If you have taken yoga before, this class is for you. Yoga helps your balance, flexibility, and improves your overall health. Resident registration begins on December 1; non county December 8.

## Stock Box

**Thursday, January 19, 12:30-1:30**

All participants must bring a photo ID. Seniors 60 years and higher who make less than \$1287 a month (single) or \$1736 (2 person household) may qualify for a stockbox from the Hunger Task Force. Stockboxes are free, pre-packaged boxes of food delivered to the senior centers. They are filled with nutritious items that can round out a meal. Come to the office for more information.

## National Pie Day

**Monday, January 23, 12:30**

Everyone loves pie! Join us as we celebrate this day with a slice of pie, hot beverage, and a trivia game about pie!

## Bingo

**Wednesday, January 25, 1:00**

*Sponsored by Williamstown Bay*

## Book Group

**Friday, January 27, 1:00**

This month's book to discuss is *Helen Keller: A Life* by Dorothy Herrmann. February's book, *I Have Always Loved You* by Robin Olibeira is available after January 30th.

# Grobschmidt Senior Center

January 2017



Department of the Treasury  
Internal Revenue Service

## **AARP Tax Counseling** **Mondays, February 6th thru April 17th**

Volunteers from AARP will once again be at the center filing 2016 tax forms electronically. As in the past, appointments are mandatory. The first appointment will be at 9:15 a.m. and the last appointment at 2:15 p.m. Appointments are one hour in length. The volunteers are prepared to assist individuals or couples whose income consists of wages, salaries, interest, dividends, IRA contributions, pensions or annuities. They are not permitted to assist persons with the following forms:

- Schedule A—(Itemized Deductions) noncash contributions over \$500
- Schedule C—(Business Profit and Loss) other than that allowed under C-EZ rules but up to \$10,000 expenses
- Complicated Schedule D or without proper paperwork (Capital Gains and Losses)
- Schedule E—(Rental Property) with expenses, including depreciation
- Schedule F— farm income or loss
- Schedule SE—self employment tax
- Married couples filing separately
- Form 2016—(Employee Business Expenses)
- Form 3903—(Moving Expenses)
- Form 888—(Allocation or Refund)
- Other rental income or business loss
- Charitable trusts

• **The senior center will begin taking appointments on Tuesday, January 3rd.**

- **People must bring in last years' returns. The tax preparers will not be able to access your returns electronically.**

## **Stockbox Program**

**Tuesday, January 24, 2017**  
**10:30 a.m.-11:00 a.m.**

The senior center is a distribution site for the Stock Box Program. The food distribution this month will take place on Tuesday, January 24th from 10:30-11:00 a.m. The stock boxes will be given out in the back parking lot with paperwork being filled out in the large hall area. The Stock Box Program is run by the Hunger Task Force, and does have some eligibility guidelines. Participants need to live in Milwaukee County, be at least 60 years of age, and have an income that is less than, or equal to the following: Eligibility has increased slightly from previous months.

Household Size	60 years of age
1	\$1,287
2	\$1,736
3	\$2,184

For more information about this program, please talk with Sandy, read the brochures available at the senior center, or call 211. This institution is an "equal opportunity provider."



## **Bingo at Grobschmidt Senior Center**

Bingo is played at 1:00pm every Monday at the senior center. We are extremely lucky to have sponsors within the community supporting this program. Join us for a chance to win \$5 gift cards, yummy homemade baked goods or delicious pizzas. Thank you Papa Murphy's Take 'N' Bake Pizza, Meadowmere Senior Living Community, and Willowcrest Care Center.

# Grobschmidt Senior Center

January 2017



## Floral Design by Cindy

January's design will be "Little Pretty Things For Valentine's Day". Silk flowers will be used. The class will take place on Wednesday, January 18th at 1:00pm and

will last approximately 2 hours. The cost will be \$20 and pre-registration is required. The sign up sheet is located by the large calendar near the front entrance. The last day to sign up for this creative class will be Tuesday, January 10th.

## Camera Club

Steve Adamczyk will be leading a camera club at the senior center. This club will meet on the second Monday of the month at 1:00p.m. in the craft room. Photography enthusiasts are encouraged to join!! This month's class will be held on Monday, January 9th. Registration is requested. Please put your name on the sign up sheet located by the large calendar near the front entrance.



## Nutrition Site Information

The Nutrition Site has its own telephone. When reserving a lunch you may call: **768-5722**. If no one is able to answer the phone, your message will go directly into voice mail. The senior center will continue to utilize the 768-8045 telephone number.

There are a few rules that need to be followed when telephoning in and reserving your lunch:

- People who want to have their meal, the following day, need to call the nutrition site by **11:15 a.m., the previous day**
- People who are going out of town for a few days, and know the day they will be back, can telephone in their reservation before they leave, and eat at the center on the day they return to town.
- People need to leave their name, choice of entrée A or B (if offered), choice of chocolate or 1% milk, choice of diabetic or regular dessert (if offered), and the day they wish to eat at the center on the voice mail. The voice mail will be activated if the line is busy, or if the calls have been made after 11:30 a.m.
- People need to bring their diner's card with them daily.



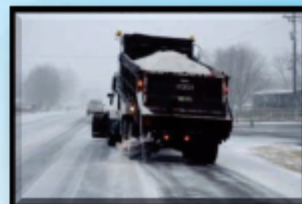
## Exercise Equipment

Utilize the fitness center and increase your strength and flexibility! The exercise

equipment is available Monday-Friday from 9:00 a.m.-12:00 noon. All participants will need to have a Doctor's Release Form on file. Forms are available in the fitness area and in Sandy's office. Once your Doctor's Release Form is received, you will need to attend a mandatory orientation. The orientation for the month of January will be held on Tues. January 10th at 10:15 a.m. At the orientation, safety will be discussed, fitness center guidelines will be disbursed, and a waiver of liability will be signed.

## Exercise Equipment Request

For all persons utilizing the exercise equipment, we are asking that you do the following. After a snowfall or ice covering, please wear boots or other shoes to the senior center and change into your sneakers once you are inside the building. This will help with the salt build up on the various exercise machines. Your cooperation in this request is greatly appreciated.





# Interfaith

## OLDER ADULT PROGRAMS

Consider making a donation to Interfaith Older Adult Programs this season!

Interfaith, a 501(c)3 organization, “manages five social centers for older adults in Milwaukee County.” It is Interfaith that makes so many of the services we provide our older adults possible, including recreation, education, and fitness, and nutritional opportunities! However, they cannot always do it alone. For instance, the Friends of the Kelly Senior Center have 116 donating members. Consider becoming a “Friend” to your favorite Center today!

**Clinton & Bernice Rose Senior Center**

3045 N. Martin Luther King Dr.  
Phone: (414) 263-2255

**Kelly Senior Center**

6100 S. Lake Dr.  
Phone: (414) 481-9611

**McGovern Park Senior Center**

4500 W. Custer Ave.  
Phone: (414) 527-0990

**Washington Park Senior Center**

4420 W. Vliet St.  
Phone: (414) 933-2332

**Wilson Senior Center**

2601 W. Howard Ave.  
Phone: (414) 282-5566